

T&T's Carifta Team



Gavyn Nero U-20 800m and 1500m Gold



Dr Cheryl Bennett, NGC Director and U-20 Male 4X200m Gold



Hasely Crawford, NGC's Head, Community Relations and U-17 Girls 4X100

closes in style...

The Trinidad and Tobago under-20 boys 4 x 400 relay team staged a fantastic finale at the 38th Carifta Games in St Lucia on Easter Monday when they won Gold! This win was significant because the young men who ran it were saying goodbye to the Carifta circuit having attained the maximum age for participation. It was a fitting way to end four days of competition at the spanking-new George Odum Stadium in the south of the island of St. Lucia. As can be imagined the Trini posse in the stadium was hoarse with excitement. This is the seventh year that NGC was a regional sponsor for the Games.

The Trinidad and Tobago track and field team bagged 29 medals - 9 gold, 10 silver and 10 bronze. This haul represented one medal less than last year. However when we consider that the team consisted of many new and inexperienced athletes, we can proudly congratulate them on their performance.

Surprisingly, a large number of the medals came from the field events with athletes like Quincy Wilson, Andwele Korebe, and Robert Collingwood making us proud in the Shot Put, Javelin and Discus events.

Actually, Quincy set a new Carifta record with the Discus throw which won him gold in the Boy's Under-20 category. Not to be outdone, our female athletes performed commendably as well in the field events, especially Hillen James, Ashlee Smith, Akeela Bravo and Anastasia Daire in the Shot put and Discus throws. The girls' relay teams provided much excitement winning Silver and Bronze medals.

Gavyn Nero, famous for his multiple wins in the 800m and 1500m, bagged Gold again in these two events and broke his previous Carifta record in the 1500m. Another athlete, Jehue Gordon, was the star in the Under-20 Hurdles, easily winning a gold medal for his effort. These were the last Carifta appearances for the Fatima and QRC students.

Overall, Trinidad and Tobago placed second at the 38th Carifta Games in St Lucia and all participating athletes are to be congratulated on their efforts. All Track and Field fans are to note that the 39th Carifta Games are scheduled to be held in the Cayman Islands over the Easter weekend - April 2 to 5, 2010.

